



Health Cover for the
CommBank Family



Hi there,

We'd like to thank you for completing the *Sugar-free revolution* with us. You and more than 3,500 CBHS members took part in the challenge, and we hope you got as much out of it as we did.

To thank you, we've created a cookbook packed with yummy sugar-free dessert recipes the whole family will love!



We hope you enjoy getting creative in the kitchen and striking that dietary and lifestyle balance we mentioned last week.

Wishing you sweet nothings,

Team CBHS

All information contained in this email is intended for general information purposes only. The information provided should not be relied upon as medical advice and does not supersede or replace a consultation with a suitably qualified healthcare professional.